

	MO	DI	MI	DO	FR
K u r s r a u m 1		9:15 Rücken Fit		09:15 LES MILLS LMI STEP	09:15 Indoor Cycling
		10:00 Reha			17:00 Reha
	18:15 Bauch Beine Po	18:15 Indoor Cycling		18:15 RückenFit	18:00 LES MILLS BODYPUMP
	19:15 LES MILLS LMI STEP	19:15 Faszien-Training	19:15 LES MILLS LMI STEP	19:15 LES MILLS SH'BAM	

C
U
B
E

	9:15 Morning Circle gym80
18:15 Circle-Training gym80	18:15 Hard-Core gym80